

#### **Local Services Directory**

	•			
RECTOR	Rev'd David Burrell	01986 798136		
Associate Priest	Rev'd David Mulrenan	07881 481745		
Asst Curate	Rev'd Christine Smart	01728 627838		
Focal Minister (Brundish)	Sandra Apps	01728 628607		
Focal Minister (Wilby)	Sheila Pipe	01728 723443		
BRUNDISH PCC SECRETARY	Tina Smiddy	01379388298		
OIL SYNDICATE	Tim Gillingham	01728 628752		
OIL	Rix Petroleum	0800 5424924		
CINEMA	Priscilla Williamson	01379 388034		
BRUNDISH HALL HIRE	Emma Henchoz	07774552820		
WILBY HALL HIRE	lan Taylor	01379 388112		
POLICE	Community	01986 385300		
WIRELESS BROADBAND	Fram Broadband	01728 726507		
DEFIBRILLATOR (BRUNDISH)	Peter Palmer	01728 628696		
DEFIBRILLATOR (WILBY)	VETS	01379 844704		
DOCTOR	Framlingham Surgery	01728 723627		
DOCTOR	Stradbroke Medical Centre	01379 384220		
DENTIST	Framlingham Dental	01728 723651		
VET	Framlingham	01728 621666		
VET	Castle Framlingham	01728 723481		
GYM & SWIM	Stradbroke Fitness	01379 384376		
NEWSLETTER	brunbynewsletter@gmail.com			
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SCHOOL	Thomas Mills	01728 723493		
SCHOOL	Stradbroke	01379 384387		
LIBRARY	Framlingham	01728 723735		
MILK DELIVERY	Milk & More	01493 660400		
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TAXI	Warnes	01728 724160		
TAXI	Ian's Private Hire	07825 001270		
BUS LINK	Connecting Communities	01449 614271		

#### From the Editor

s you'll see when reading this edition, local events are coming back! I was delighted to be invited to one of them, the WI Centenary event in Wilby on 17th July. I had assumed my main (and only) role would be helping to eat the cake but I soon learnt that I had actually been cunningly lured into my first ever assignment as your representative of the press (I know..!) and given responsibility for taking the photos! It really was a great occasion, a huge amount of work had clearly gone into getting everything arranged, the displays were excellent and the cakes even better! It was a lovely village event, full of laughter, lots of nice people plus plenty of tea, cake (did I mention that before?) and wine. 100 years of Wilby WI - a truly remarkable village achievement!

ildlife life in the garden keeps us entertained. We have a family of mallards, now juveniles, who plod around exploring, mother leading, in tight beak to tail formation. Passing them, as we wandered around the garden at dusk, we saw something flit past. We stopped and for the next few minutes watched our own private air show performed by a dozen or more bats. As we stood there insects began to gather above us, as they do, bringing the bats closer and closer, sometimes swooping just a couple of feet away. It was a stunning flying display and a magical experience. Then, as we

wandered back, perched high on a dead branch we spied a spotted flycatcher, perhaps the same one who nested here last year, dashing out to catch insects and then returning to its perch. Then there is our young kestrel featured on the front cover; it's always entertaining!

If you're interested in identifying bird song have a look on the back page to see more about the brilliant free BirdNET app

s ever, if you wish to receive the magazine by e-mail please notify me at the address below. Lastly, please continue your great support for the newsletter by keeping your pictures, stories and comments coming in!

Best wishes.

Neil

e-mail <u>brunbynewsletter@gmail.com</u>



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#### **Poet's Corner**

#### The Gardener, by Mary Oliver

Have I lived enough?

Have I loved enough?

Have I considered Right Action enough, have I come to any conclusion?

Have I experienced happiness with sufficient gratitude?

Have I endured loneliness with grace?

I say this, or perhaps I'm just thinking it.

Actually, I probably think too much.

Then I step out into the garden,

where the gardener, who is said to be a simple man, is tending his children, the roses.

Mary Jane Oliver (1935 – 2019) was an American poet who won the National Book Award and the Pulitzer Prize. Her work is inspired by nature, rather than the human world, stemming from her lifelong passion for solitary walks in the wild.



## BRUNDISH BARISTAS! COFFEE MORNINGS ARE BACK!



Our next coffee morning at Brundish Village Hall will be on **Thursday 5<sup>th</sup> August** between 10am and 12.30pm.

We hope to perhaps have some inside tables and others at the front of the hall in the open air. As such we ask that people park only in the Car Park opposite and not in front of the hall itself.

Come and join us for home made cake, fantastic Lane Farm Brundish bacon butties, coffee and a chat. Everyone is welcome - we're very friendly and it's a great opportunity to meet your village neighbours!

This year we hope to continue this throughout the season instead of taking our usual 'Summer break'

#### Letters



#### **Suffolk Historic Churches SPONSORED RIDE**

All you cyclists, please note the date for your diaries! A leisurely cycle from church to church is an excellent way to enjoy **Saturday 11th September**. Please ask Anne St Quinton for a Sponsor Form on 01728 628309, or call by at Mill Cottage, The Thorofare, Brundish.

Young and old are welcome and refreshments are offered at most Churches. It really is a fun day for everyone - just go to as many Churches you find comfortable doing!

Anne St Quinton

01728 628309

#### **Walking Group**

Unfortunately, our first scheduled walk had to be postponed but I am hoping to get things back on track to kick-start the walking group after the school Summer break. When I have finalised a date, I will publish it in the Newsletter.

David Mulrenan

01728 628063

#### Wilby WI - Centenary Celebrations - 1921-2021



July 2021 saw Wilby WI celebrate their Centenary at Wilby Coronation Hall with two events, one held on Friday 16th... a Presentation to one of our longest serving members: Mary Ellis and second, our main Centenary Celebration held the afternoon of Saturday 17th July 2021.



#### Wilby WI Members & SEFWI Guests (South East Federation WI)

Back row L-R: Sheena Reed (2000s), Dee Cobb(2010s), Alison King (80s), Fiona Patrick (2010s), Diane Palmer (20s), Sally Lee (2010s), Alex Gwyn (Nippie), Bridget Leverton (80s).

Middle L-R: Tina Smiddy (Nippie), Carol Cropley (70s), Janice Knights (2000s), President: Susan Moyle, Rozanne Bryant (Nippie), Nancy Morton (40s), Barbara Barker (50s), Janet Grantham (50s), Sylvia Starkey (40s), Amanda Austin (60s).

Front L-R: Mig Bacon, Scilla Western & Jill Graham (90s), SEFWI: Gill Denny, Andrea Davies & Celia Davies; Pat Adams (20s), Carole Aylott (60s), Maggie Berry (70s) and Penny Stanford (50s).

ne of Wilby's longest serving members, Mary Ellis, unfortunately couldn't attend our event on the Saturday, so a separate presentation was made to Mary the previous day with SEFWI Celia Davies, Gill Denny & Andrea Davies all in attendance. Presentation of several gifts including a WI Lapel Pin in recognition of Mary's Long Service of 49-Years as President of Wilby WI was made, together



with a SEFWI Long Service Certificate. To follow - and in true WI tradition, Tea &

Presentation Cakes were offered... and enjoyed!

Mary was a WWII born child, grew up in the village of Wilby and attended the local Wilby Primary School. The children of Wilby Primary, Yrs 5&6 were also invited on the Friday to view the Centenary Exhibition that was on display and also to meet Mary and discuss how different school was in 1945 compared to present day.



Wilby WI also opened their Exhibition doors

on the Friday evening to other local WI Groups and several visitors came from Stradbroke, Fressingfield and Worlingworth together with villagers from Wilby & Brundish to view the Exhibition and Decade Tables that were on display. To further add atmosphere to the evening, several Wilby WI members dressed appropriate to the Decade Table that they were representing – great fun all round!

Our main 'Centenary Celebration' event (Saturday) was by Invitation to High Tea. All cakes were made by Wilby WI members and arranged by appointed Wilby WI 'Catering Team' who also doubled up as our very own serving 'Nippies'.

Additional Presentations were made to Barbara Barker (30-Yrs Long Service, WI Lapel Pin) and likewise to Nancy Morton (40-Yrs Long Service, WI Lapel Pin). Celia Davies' presented her Chairman's award to Wilby Secretary Alison King. A very enjoyable, celebratory afternoon was had by all and so good to meet with Members again!



## KINGDOM FORGE EVENTS!

#### **Events at the new Kingdom Forge Cider Bar in Brundish!**

Here at Kingdom Forge we have used the last 15 months to expand and diversify the business and have branched into the world of cider! With an industrial orchard just a stones throw from the forge we've been busy collecting and pressing to create three ciders ready for consumption on site or to take away.

Even better news, we now have a fully licensed bar on site which will be open for set dates and events, with our Smith and Brew Medium, Dry and Brundish Blush Cider on tap as well as other best local drinks and snacks to celebrate our wonderful County!

Following our grand opening in July we have the following events coming up:

#### 8<sup>th</sup> August – Quiz Night!

Grab your team of 4 and test your knowledge at the forge. Five rounds including the famous Wipeout Round if you dare! £10 per person including food provided by the Neathouse just up the road in Dennington. Dietary requirements catered for, booking essential, 6.30pm for a 7pm start. Email kingdomforgecider@gmail.com

#### 28<sup>th</sup> August – Evening opening from 7pm.

Come to the forge to relax and enjoy our fresh Cider on site, or a tipple of some of our great Suffolk producers. Just turn up and enjoy!

#### 17<sup>th</sup> September – LIVE Music with JS & the Lockerbillies!

Join us for Rocka Billy Blues at the industrial forge from 7pm with free entry and fantastic food from local producers celebrating all things Suffolk. Relax in the bar or get your dancing shoes on to the rock and roll and enjoy the evening like it's 2019!

#### No booking required. Free entry. Music from 7pm.

For more information about events or to order your own boxes of cider contact kingdomforgecider@gmail.com or find Kingdom Forge on Facebook and Instagram.

Kingdom Forge, Manor Barns, Brundish, IP13 8BL



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#### **Suffolk Mobile Library Service**

Our mobile library service calls at **Crown Corner Brundish** every 4 weeks on a **Tuesday from 11:20–11:35** 

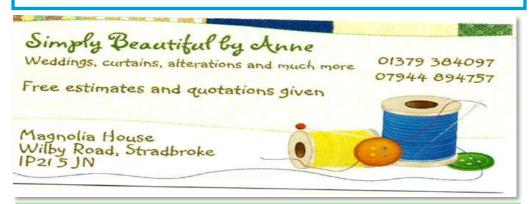
Remaining 2021 dates are:

24 August, 21 September, 19 October, 16 November, 12 December

#### Using the mobile library service

To join, visit any Suffolk Mobile library with proof of identification and we'll give you a card. It's free. Children and young people up to the age of 16 need a guarantor.

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#### From our Cookery Correspondent...!

After the rain, a spurt of growth..! Four years ago, we planted three rhubarb plants in our vegetable garden; for the first two years, we were lucky if we could harvest enough sticks to make one crumble. Last autumn we re-organised the veg patch, made some raised beds, added plenty of manure and moved it to the sunnier side of the site. The result; we have an amazing crop of beautiful long thick sticks of rhubarb, the effort certainly paid off. If you are put off rhubarb by the effect on your teeth, just add the juice of an orange, it works wonders!

#### **Rhubarb and Ginger Torte**

#### Ingredients:

- 300g rhubarb
- Juice ½ lemon
- 110g ground almonds
- 65g semolina
- 175g butter softened
- 150g sugar
- 175g self-raising flour
- 2 tsp ground ginger
- 2 eggs,
- 75g crystallised ginger



#### Method:

- 1. Preheat the oven to 180C/gas4/ fan 160C. Line the base of a loose-bottomed 23cm cake tin with greaseproof paper and butter the sides.
- 2. Cut the rhubarb into bite sized pieces and place in a bowl with the lemon juice. Microwave on high for a minute or two to slightly soften or roast in the oven for 5-10 minutes.
- 3. Mix almonds, semolina, butter, sugar, flour, ginger and eggs food mixer until the ingredients are evenly combined.
- 4. Spread half the mixture over the base of the tin in a smooth layer with no gaps, this is easy to do with two forks. Spread the rhubarb and crystallised ginger on top. Add the remaining cake mixture and spread across.
- 5. Bake for 1 hour (it may need an extra 5 minutes), but check after 40 minutes if it is getting too brown, cover loosely with foil. The torte should be slightly risen and dark golden brown when cooked.
- 6. Cool in the tin slightly, then loosen the edges with a knife and remove from the tin.
- 7. Serve warm or cold, with thick yogurt or cream and fresh raspberries.

#### And one for our junior chefs...

These little biscuits never cease to amaze me as to how delicious just three ingredients can be. They are really easy, extremely moreish and you can easily change the flavour by adding finely grated orange or lemon rind or reducing the flour by 15g and replacing it with cocoa powder. Try them with your strawberries - you'll love them!

#### Fork biscuits

#### Ingredients:

- 100g butter, softened
- 50g caster sugar
- 150g S.R. flour

#### Method:

- 1. Heat the oven to 180C/fan 170/gas 4
- 2. Cream the butter and sugar together in a bowl.
- 3. Add the flour and mix together to form a clump. Wrap and place in fridge for 15 mins to firm up a little.
- 4. Break off small pieces and roll up into walnut sized balls.
- 5. Space out on a baking sheet, and flatten gently with a fork.
- 6. Bake for 15-20 minutes until golden. Leave on the tray for 2 minutes to settle before
- carefully removing using a palette knife or fish slice and leave to cool on a wire rack.







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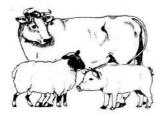
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# ST LAWRENCE, BRUNDISH AND ST MARY'S, WILBY PARISH NEWS

The Rector David Burrell
The Rectory, 15 Noyes Avenue, Laxfield IP13 8EB
Telephone: 01986 798136
e-mail: theparsnips@googlemail.com

#### From the Rector

Dear Friends,

As a community we have been through a difficult time. Not because of tumult or disaster but simply for the ability of people to get out meet one another. We all need to feel loved or part of something. The poet Rupert Brooke paid a 'dirty little boy' sixpence to wave to him from the Liverpool quay as he set forth to the United States. It was just a longing for friendliness in a lonely hour.

We are complex individuals and our interior space can be so different from our exterior persona. The point is we all need to be loved. Tolstoy said, 'People think there are circumstances when one may deal with human beings without love, but no such circumstances ever exist. Inanimate objects may be dealt with without love, you can bake a brick or hammer iron without love but human beings cannot be handled without love. If you handle bees without care you cause harm to the bees and yourself. So it is with people, because mutual love is the fundamental law of human life'.

During lock down many people would have gone without love if it had not been for those individuals who went out of their way to do their shopping, to bring them needed supplies and very much needed human interaction, all be it socially distanced. I am not going to mention a long list of names but I am going to say thank you. Thank you for being there, thank you for showing that you cared and most of all thank you for showing someone who may have felt isolated that they are cared for and loved.

We are not out of the woods yet the virus goes on causing illness and disquiet.

Some of us may feel great joy that lock down has been lifted but this is not universally welcomed. Let us make sure that in the coming weeks and months we keep an eye out for those for whom lifting of restrictions is a fearful thing.

Lock down has finished and we are opening up. The churches will be open and we will soon be able to sing hymns once more. The wearing of masks is down to individual choice but should you see someone wearing a mask please be aware of their personal space.

Remember what Jesus said Truly I say to you what you did for the least of these my children you did for me. God Bless

David

#### **Church Services for August**

AUGUST	1st	8th	15th	22nd	29th		
2021 Trinity 9 2 Sam 11:26 -12:13a Ex 16:2-4, 9-15 John 6:24-35	Trinity 9	Trinity 10	Trinity 11	Trinity 12	Trinity 13		
	2 Sam 11:26	2 Sam 18:5-9,	Isa 61:10-end	2 Kgs 8:22-30,	S of Sol 2:8-13		
	-12:13a	15, 31-33	Rev 11:19-	41-43	Deut 4:1-2, 6-9		
	Ex 16:2-4, 9-15	1 Kings 19:4-8	12:6, 10	Josh 24:1-2a, 14-18	Mark 7:1-8		
	John 6:24-35	John 6:35, 41-51	Luke 1:46-55	Ephesians 6:10-20	14-15, 21-23		
St Nicholas		10.30am		10.30am			
Bedfield		Lammas Service		Morning Prayer			
		cs		RA			
St Lawrence	9am BCP	10am	6pm	10.30am			
Brundish	Holy Communion	Village Worship	Evensong	Holy Communion			
	DM	SA	cs	CS			
St Mary		6pm	9am	9am			
Cratfield		Evensong	Village Worship	Holy Communion			
		DB	СМ	DM	8		
All Saints		10.30am	9am	10.30am	Benefice		
Laxfield		Holy Communion	Holy Communion	Animal Service	Comm		
		RO	DB	FS team	Laxfield		
St Peter	2	11am	11am	11am	8		
Monk Soham		Morning Prayer	Holy Communion	Morning Prayer			
		RA	DM	DB			
St Ethelbert							
Tannington				0			
St Mary		10.30am	10.30am	10.30am			
Wilby		Holy Communion	Village Worship	Morning Prayer			
	11am	DB	SP	DM			
St Mary	and Confirmations	11am	11am Patronal	11am			
Worlingworth	with Bishop Mike	Morning Prayer	Let's Celebrate	Morning Prayer			
	at Worlingworth	LE	Baptism RA	LE			
Online	10am RO		3pm CS		10		
Zoom	Holy Comm		Family Service				
Services	Also Celtic Prayer - 7pm Weds, 9am Fridays						
	To join us, email rev.chrissiesmart@gmail.com and Revd Ron Orams						
	on mcbop@btinternet.com and you will be sent details						

#### **Church News**

#### Public worship at St Lawrence's.

The latest relaxation of limitations set by UK Government means that congregations will be allowed to sing at services but only whilst wearing a mask. This is not ideal, of course and we wait for the day that means all restrictions can be safely lifted. However, it is a step in the right direction.

Attendances at the churches in our benefice have been hit drastically and this can only be put down to people's precaution aka the pandemic but please be assured that a very warm welcome awaits you at the time you feel happy to return to our church buildings.

#### Ordination to Priest for Chrissie Smart.

Christine Smart's priesting took place at Bury St Edmunds Cathedral on 4<sup>th</sup> July at a moving ceremony conducted by The Right Reverend Dr Mike Harrison, Bishop of Dunwich. Chrissie, like Rebecca Artiss and David Mulrenan before her, is being trained on the Auxiliary Ordination Pathway which is a pioneering project originating within the Diocese of St Edmundsbury and Ipswich and is a revolutionary and much praised system of, hopefully, creating an ordained presence in each community. Over in Cratfield, Clive Mobbs has been accepted on to the 2021/22 cohort and, all being well, will be ordained a deacon next Summer.

On Sunday, 11<sup>th</sup> July, Chrissie presided at her first Communion at St Nicholas' Church, Bedfield.



Chrissie is pictured here with Bishop Mike. We wish Chrissie every success and blessing in God's future ministry for her. *Contributed by David Mulrenan* 

#### Brundish Harvest Festival Service.

For your advanced diary, our Harvest Festival will take place at the church for 6p.m., Sunday, 3<sup>rd</sup> October. It is hoped that the Chantry Singers will be able to sing a seasonal anthem and that we will all be able to safely congregate and sing at what is still a relevant celebration in our agricultural community. Please note the earlier start time than has been customary.

Brundish Harvest Supper.

Saturday, 9<sup>th</sup> October. 7 for 7.30 p.m. at Brundish Village Hall.

We can only try and go for it and see what happens! Obviously, precautions will be put in place to assure your safety and we can only hope that people will feel safe enough to congregate and celebrate. Sandra Apps will be organising the cooking and presentation and will, no doubt, be very appreciative of some help before and on the day. To volunteer and/or to book your seats, please telephone Sandra on 01728 628607.

#### **Eco Church at Wilby**

A scheme has started up to make our churches more Eco friendly. It is run by a Christian environmental charity called A Rocha UK. It uses a very comprehensive survey to fill in and the church can gain a Bronze, Silver or Gold award. The survey covers the churchyard, the buildings, worship and teaching, and encourages meaningful but manageable steps towards becoming more sustainable and caring better for God's creation. The Diocese is very keen on the scheme and has gained a Bronze award as an Eco Diocese, with many churches taking part.

Wilby PCC has discussed it, and looked at the survey, and spent an enjoyable evening exploring the churchyard with ideas to make it more wildlife friendly. We have decided to register and would welcome any interest from others as the church is part of the village community.

To find out more look at the A Rocha UK website and if interested in helping contact me, at <u>alisonstandley1 @icloud.com</u>. I live in Laxfield but worship at Wilby, and I am a member of the PCC. I will keep people informed through the newsletter.

Alison Standley, Yew Tree Farm, Laxfield.

#### **CALLING ALL BUDDING CHORISTERS!**

The Brundish based Chantry Singers are looking to recruit new voices to their already flourishing group. The choir is planning to meet for their first rehearsal on Friday, 3rd September with a view to practising for Harvest, Advent and Christmas services.

Any type of voice would be welcomed but we are particularly looking for basses and tenors. The ability to read music would be handy but not essential if you feel you can follow by ear. Naturally, ability to sing in tune is rather important!

We meet at 7 pm on Friday evenings and normally socialise afterwards at a local pub. If you are interested, please phone Director of Music, Michael Spencer on 01728 724590 or David Mulrenan on 01728 628063.

Looking forward to hearing from you. David Mulrenan.



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Wilby CEVC Primary School, Brundish Road, Wilby, Suffolk, IP21 5LR

#### News from Wilby CEVC Primary School

The Summer Term at Wilby School has felt much more 'normal' once more.

Although we have continued to operate our 'bubbles' system, staggered drop off and collection times and rigorous hygiene procedures, the children managed to enjoy many of the summer term activities that they usually engage in. Even though our Year 6 pupils were unable to do their usual trip to London and they didn't get to do their trip to the Peak District, they did enjoy a fun-filled activity day at Thorpe Woodlands, we had a fantastic Pizza and games night and a perfect Leavers' assembly.

Along with challenge days at Thorpe woodlands, all classes (YR to Y6) also took part in Sports day and Owl Class produced a brilliant version on the musical 'Ye ha.'

So, it was a busy end to term with much to celebrate and be proud of. Once again our amazing school community has made very much the best out of what has been a difficult year and we look forward positively to the new year ahead.

Roisin Wiseman (Headteacher) and the Wilby staff





#### Wilby Parish Council

#### **NEWS FROM WILBY PARISH COUNCIL**

The Parish Council held its bi-monthly meeting on 30 June 2021 and a short meeting on 19 July 2021 to consider a planning application for the Corner House, Brundish Road.

#### Wilby Green

The Council reviewed in detail its current policy regarding Wilby Green and notably whether it should seek ownership of this parcel of common land. Having weighed the potential benefits of ownership and the liabilities entailed, the Council decided to stand by the policy adopted in 2011 i.e. that it should not pursue ownership of Wilby Green. The site is common land, available to those with registered grazing rights and open to the general public (three public footpaths cross or lead to the Green). The Council agreed to support local residents with the maintenance of the Green subject to conditions.

#### **New Footpath Warden**

The Council warmly welcomed Ms Holly Dunn who had volunteered to fill the vacant post of Footpath Warden for the parish. Ms Dunn can be contacted through the Parish Clerk wilbyclerk@outlook.com

#### HM The Queen's Platinum Jubilee 2022

The Parish Council will work with the Village Hall, other village organisations and the community to plan how best Wilby can celebrate The Queen's

Platinum Jubilee in 2022. There will be an extended bank holiday from Thursday 2 June to Sunday 5 June 2022. In addition to events likely to be mounted by the Village Hall, School and the Church etc. it is hoped to organise a Wilby wide event thereby providing an opportunity for our community to come together to mark this historic milestone in The Queen's reign. Many will recall the Village Lunch held to mark The Queen's Diamond Jubilee.

If you have ideas for a village wide event or events and/or would be willing to join a group to help plan and organise the celebrations please get in touch with Ian Williamson on 01379 388034 or by email to ianwilliamson39@gmail.com giving your contact details.

#### **Planning Application**

The Council was unable to support a planning application to provide additional accommodation at the Corner House, Brundish Road as the design of the proposed extension was considered to be in conflict with the relevant policies set out in the Wilby Neighbourhood Plan

Ian Williamson

#### News from Wilby Coronation Hall (WCH)

The Village Hall Committee got together on 1st July for a general update and planning meeting. We are currently looking for new members to join our small but dedicated team. We meet every few months to discuss hall news, plan projects and make decisions about how our lovely hall can best serve the local community. We would really like representation for all sectors of the community so if you are a local parent, a young person, a member of the church, the school or the WI (or anybody else!) and are able to join our friendly group, please email our Chair, Alison Taylor: alisonemmataylor@gmail.com for more information or come along to our Annual General Meeting (AGM) which will be held at the hall on Thursday October 7th at 7pm.

#### Pub Night Reopening - Foodie Nights start on 3rd September!

Due to the changes to the planned easing of Covid restrictions, the committee made a decision not to open the hall for pub nights until after the summer holidays. However, we are really pleased to announce that we going to be *reopening Pub Night in the hall from 7.30pm until late on the first and third Fridays of each month starting on 3rd September.* 

The really exciting news is that on the first Friday of each month from September to December we are going to be able to offer a family foodie feast as well! We have teamed up with a local caterer 'Coconut Monkey' who will come up with a delicious themed menu for each month starting on Friday 3rd September with 'A Passage to India', see below.

#### A Passage to India - Menu (3<sup>rd</sup> September)

For just £9 per adult (£5 per child) you can choose between three main course options, all of which are served with Pilau Rice, Onion Bhajis and Raita.

#### A) Lamb Keema

Finely minced Lamb, Garlic, Spices

#### B) Chicken Curry

Boneless breast of Chicken in a rich Tomato and Onion sauce with Cardamom and Cinnamon

#### C) Chana Masala (V)

Slowly cooked Chickpeas with Tomatoes and Spices

Mango Cheesecake is an option for dessert for £3.50.

Places are limited and must be booked in advance (by Monday 30th August 2021) via email to iantaylor1961@hotmail.com or telephone 01379 388112. For more information about the menu, please contact Gary by email:

Coconutmonkeycatering@gmail.com.

On Foodie Nights, the hall will open at 6pm for drinks and games (table tennis, pool, darts, etc.) with food served from 6.30-7.30pm and then the bar will remain open for drinks until late. Please come and support this event — it will only go ahead if there is sufficient interest from the community!

SAVE THE DATES: Future Foodie nights will be on 1st October ('A Taste of Mexico'), 5th November ('A Taste of Italy') and 3rd December ('A Taste of Morocco')

Please remember that our bar is staffed by volunteers and we always need extra pairs of hands so if you fancy getting involved then please contact Ian Taylor: <a href="mailto:iantaylor1961@hotmail.com">iantaylor1961@hotmail.com</a>

#### Monday night is Yoga with Maria at Wilby CH

Yoga sessions with Maria Manly have continued to be a popular addition to the timetable of hall events, running each Monday evening from 7- 8.15pm. All abilities are welcome and the cost is £8.50 per class or £35 for a block of 5 sessions. For more information, please email Maria:

mariamanlyyoga@gmail.com. Maria is running a special event on Sunday 1st August in partnership with Charlotte's Wood – A 'High Summer Forest Bathing' session (10am-12pm) and a Yoga Pranayama Meditation (1-3pm). For more information contact Charlotte on 07879 653488 or Maria on 07950 412849.

#### New Project - A Green Space to meet!

Following the very disappointing theft of our picnic bench from outside the hall, we have decided to try to make the entrance area to our hall a more attractive 'social area' for people to meet. We are looking into applying for grant funding in order to possibly add some permanent seating provision and a grassed area near to the wildlife pond. If anyone is interested in joining a small working party to generate some plans, please email Charlotte: <a href="head@charlotteswood.co.uk">head@charlotteswood.co.uk</a>.

With best wishes from Wilby Coronation Hall Committee: Alison Taylor (Chair), Ian Taylor (Treasurer), Tracie Russell (Secretary), Charlotte Atkinson and John Atkinson.

#### Please join us for the Addington Fund's

#### **Lammas Service**



The celebration of the first loaf from the first grain of the harvest

#### Wednesday 4th August 2021, 6pm

St Peter & St Paul with St Edmund, Hoxne (IP21 5AT)

Hog roast and refreshments following the service

A tractor parade will leave Home Farm, Eye Rd, Hoxne, at 5.30pm. Come and enjoy the spectacle and welcome them to the church.



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Email: <u>connecting.communities@suffolk.gov.uk</u>

Website: communities.suffolkonboard.com/my-area



"Connecting People with Nature"

Charlotte's Wood is an oasis of calm situated on the outskirts of Wilby. It comprises cottage and gardens, two luxury holiday lodges, a wooden cabin and 2.5 acres of private woodland. Charlotte, a former primary headteacher, is a qualified Forest School Leader and FSA endorsed trainer who facilitates various woodland activities to encourage people to 'connect with nature'.

#### Woodland activities:

- Little Woodies Parent and Toddler Forest School on Friday mornings during term time
- Wild Wood Holiday Club for children aged 4-11 years during holidays
- Woodland Birthday Parties for children
- Wild parties for Hens, Baby Showers, Birthdays and Team Days
- Forest Bathing and relaxation
- Christmas wreath making

#### Forest School:

- Level 3 Forest School Leader training
- Forest School Taster Days
- Woodland activity days
- PD and staff well-being days





Charlotte is a qualified British Nordic Walking Instructor and uses specially designed walking poles to teach individuals and groups the Nordic Walking technique which improves posture and gait, burns more calories (than normal walking) and relieves pressure on joints. It's a fun way of getting exercise outdoors that anyone can do.

Need extra space? At Charlotte's Wood we have two, luxury lodges (awarded 5 Stars and 5 Stars Gold by 'Visit England') available to rent for breaks and longer stays all year round. One sleeps four and the other two people. We also have a log cabin situated on the edge of the woodland for those who want to get closer to nature; and options for camping too!



For more information contact Charlotte - Tel: 07879 653488 Email: <a href="mailto:head@charlotteswood.co.uk">head@charlotteswood.co.uk</a> Website: <a href="https://www.charlotteswood.co.uk">www.charlotteswood.co.uk</a> Facebook: Charlotte's Wood YouTube: Charlotte's Wood

#### Lisa Lohrum

#### Professional Mortgage Adviser

I'm a Mortgage Adviser living in Brundish with my family, and as part of The Mortgage Mum team, I'm committed to helping my customers find the right mortgage that hits all the right notes for their families. I'm not tied to any bank or building society, so I can browse thousands of mortgage lenders on your behalf - saving you time, money and a whole lot of hassle.

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Jeremy Green - Phone: 01379 388156

Fax: 01379 388109

Email: jeremy@tgaskew.co.uk

YOU HAVE TRIED THE REST—NOW TRY THE BEST!



## Wilby (& Brundish) Women's Institute

We meet on the 3rd Thursday of each month at Wilby Village Hall from 7pm.

We are a friendly bunch and have a wide range of activities taking place outside of our monthly meetings. If you would like to come and see what it is all about, give our Secretary a call, you will be very Welcome!

Mrs Alison King, Secretary Wilby WI

07711 281584

Or contact Alison on <u>alisonemking@gmail.com</u> for details of membership and receiving our latest WI Newsletter.



#### The Events Diary is Back!!

- Brundish Coffee Morning, 10am Thursday 5<sup>th</sup> August, 10am
- Lammas Service, Hoxne Church. Wednesday 4<sup>th</sup> August, 6pm
- Wilby Coronation Hall Pub Night & Food Nights, all on Fridays:
  - 3<sup>rd</sup> September 'A Passage to India'
  - 1<sup>st</sup> October 'A Taste of Mexico',
  - 5<sup>th</sup> November 'A Taste of Italy'
  - 3<sup>rd</sup> December 'A Taste of Morocco'
- Framlingham Country Show, 21<sup>st</sup> & 22<sup>nd</sup> August
- Kingdom Forge bar open on Sunday, 8<sup>th</sup> August (Quiz Night) & Friday, 28<sup>th</sup> August, Friday, 17<sup>th</sup> September – LIVE Music with JS & the Lockerbillies!
- Brundish Harvest Supper, Saturday, 9<sup>th</sup> October 7.30 p.m. Brundish Village Hall

To add your local event to this diary email brunbynewsletter@gmail.com



#### **BirdNET App**

I recommend anyone interested in identifying bird songs to try this brilliant free app which is a collaborative research project between Cornell and the Chemnitz Universities. It enables you to record a bird song using your Android or iOS device which sends it to an artificial neural network to identify the most probable bird species present in your recording. It seems very accurate in my tests and works quickly on surprisingly small clips. For more info visit

https://birdnet.cornell.edu

#### **Publishing Deadlines**

Please send any contributions no later than the 23rd of the preceding month.

dvertising in this newsletter is cheap, effective and helps support its production costs. Adverts appear in each printed issue for one year from payment of invoice. For more information contact brunbynewsletter@gmail.com

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Note that contributions may be edited in order to make them suitable for publication.